SACLC ~ Celebrate & Support

Prioritize Breastfeeding: Create Sustainable Support Systems



1 st August 2025:	
Meeting times	Presenter & topic
08:00	Welcome & Introductions ~ Wanzel Bruwer – RD(NWU), SACLC (WITS) IBCLC (IBCLE) Pre & Postnatal Coach (GGS)
08:15	Introduction to SACLC our focus on creating sustainable support systems in Southern Africa and beyond ~ Johan Grove
08:30	KEYNOTE SPEAKER Dr Dean Gersun MBBCh, MMED(ORL), FCORL(SA) Ear nose and throat specialist, Head and Neck Surgeon An Evidence Based Approach to Oral Restrictions
09:30	Sponsor displays /Tea & comfort
09:45	INTERNATIONAL SPEAKER Annerie Conradie RN,RM,BCur,SACLC,IBCLC
10:45	A Challenging Journey – Empowering the new mother Sr Leisle Van Der Vliet RN, RM, Psych, CHN, SACLC Mental Health Challenges in the Breastfeeding mother
11:45	Natasha Olivier RD (SA) M Dietetics (cum laude); BSc Dietetics (cum laude) (UP) SACLC (cum laude) PhD candidate Breastfeeding as the foundation of Responsive Feeding: Establishing Self-Regulation and Nurturance from Birth
12:45	Sponsor /Lunch & Comfort
13:15	Dr Jacqui Bunge Mtech Chiro (UJ), MScPaeds (AECC), ECSSD, SACLC
14:15	Breastfeeding in Motion: The Anatomy Behind the Bond Daniella Van Staden Bpharm, MSc&PhD Pharmaceutics, Primary Care Drug Therapy Pharmacist Considering the Impact of Preservation Methods on Breastmilk Composition to Support Sustainable Breastfeeding
15:15	Sponsor/Tea & Comfort
15:30	Samantha Crompton RN, RM, SACLC (WITS) BNurs Self-Reporting Insufficient Milk in a time of Momfluencers
16:30	INTERNATIONAL SPEAKER Maya Bolman RN,BA,BSN, IBCLC, FILCA Gentle Manual Therapeutic Techniques in Lactation: Movement, Flow and Kindness
17:30	Closing – Wanzel Bruwer

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