

# **SACLC ~ Celebrate & Support**

## **Prioritize Breastfeeding: Create Sustainable Support Systems**



1 <sup>st</sup> August 2025:	
Meeting times	Presenter & topic
08:00	Welcome & Introductions ~ Wanzel Bruwer – RD(NWU), SACLC (WITS) IBCLC (IBCLE) Pre & Postnatal Coach (GGS)
08:15	Introduction to SACLC our focus on creating sustainable support systems in Southern Africa and beyond ~ Johan Grove
08:30	<b>KEYNOTE SPEAKER</b> Dr Dean Gersun MBBCh, MMED(ORL), FCORL(SA) Ear nose and throat specialist, Head and Neck Surgeon  An Evidence Based Approach to Oral Restrictions
09:30	Sponsor displays /Tea & comfort
09:45	<b>INTERNATIONAL SPEAKER</b> Annerie Conradie RN,RM,BCur,SACLC,IBCLC  A Challenging Journey – Empowering the new mother
10:45	Sr Leisle Van Der Vliet RN, RM, Psych, CHN, SACLC  Mental Health Challenges in the Breastfeeding mother
11:45	Natasha Olivier RD (SA) M Dietetics (cum laude); BSc Dietetics (cum laude) (UP) SACLC (cum laude) PhD candidate  Breastfeeding as the foundation of Responsive Feeding: Establishing Self-Regulation and Nurturance from Birth
12:45	Sponsor /Lunch & Comfort
13:15	Dr Jacqui Bunge Mtech Chiro (UJ), MScPaeds (AECC), ECSSD, SACLC  Breastfeeding in Motion: The Anatomy Behind the Bond
14:15	Daniella Van Staden Bpharm, MSc&PhD Pharmaceuticals, Primary Care Drug Therapy Pharmacist  Considering the Impact of Preservation Methods on Breastmilk Composition to Support Sustainable Breastfeeding
15:15	Sponsor/Tea & Comfort
15:30	Samantha Crompton RN, RM, SACLC (WITS) BNurs  Self-Reporting Insufficient Milk in a time of Momfluencers
16:30	<b>INTERNATIONAL SPEAKER</b> Maya Bolman RN,BA,BSN, IBCLC, FILCA  Gentle Manual Therapeutic Techniques in Lactation: Movement, Flow and Kindness
17:30	Closing – Wanzel Bruwer

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2 <sup>nd</sup> August 2025:	
Meeting times	Presenter & topic
08:00	Welcome & Introductions
08:15	Motivating Lactation Consultants in the current environment ~
08:30	Uvira Mohangi OT, ECI & SACLC To KMC and Beyond: A Call for the Adoption of Ubuntu Lactivism in Hospitals, Communities and Workplaces
09:30	Sponsor displays /Tea & comfort
09:45	Dr Camelia Bender MBChB, DCH(SA), SACLC Lactation's Little Secret: When 'o la la' turns to 'ow'
10:45	<b>INTERNATIONAL CONTRIBUTOR</b> Dr Shereen Soliman MD,IBCLC, Maters of Pediatrics and Neonatology Diploma of Clinic Nutrition and Trainer at the Egyptian Board of Pediatrics, Harvard alumni and researcher Induced Lactation: From Dream to Flow – A Clinical Guide to Non-Puerperal Breastfeeding
11:45	Eloise Swanepoel RD(SA) M,Sc Dietetics,SACLC Colouring outside the lines – dealing with difficult social realities for the lactation professional
12:45	Sponsor /Lunch & Comfort
13:15	Phunyuka Bvuma-Ngwenya M.Public Health Nutrition,BSc Dietetics SACLC South African's Cultural differences in breastfeeding
14:15	Kadijah Desai SLT, SACIC Communication and Breastfeeding
15:15	Sponsor/Tea & Comfort
15:30	<b>KEYNOTE SPEAKER</b> Dr Jonathan P. Stryko MD, MSc, SACLC, IBCLC Reclaiming the Golden Hour: Why Hospitals need Lactation Consultants at the Frontlines of Neonatal Care
16:30	Sr Hettie Grove B.Cur, RN, RM, CHN, RNA, Specialist Midwife, Neonatology, IBCLC, SACPE, SACLC SACLC the organisation's contribution and goals for the future. Developing a Lactation Care Course that is contextualized in the prevailing socio-economic climate of Southern Africa
17:30	Closing – Wanzel Bruwer